

Paul B. Yost, M.D.
Director – District 13

A fourth generation Californian, Dr. Paul Yost received a Bachelor of Arts Degree in Psychology at Stanford University where he graduated with honors in 1982. He earned a Medical Doctorate degree from Baylor College of Medicine in 1986 and completed two medical residencies: Pediatrics at Jackson Memorial Hospital, Miami, Florida, and Anesthesiology at UCLA, Westwood, California. He currently practices adult and pediatric anesthesiology at St. Joseph's Hospital of Orange and Children's Hospital of Orange County. Dr. Yost is the director of cardiothoracic anesthesia at St. Joseph's Hospital, the past president of the medical staff at Children's Hospital of Orange County, current board member of CalOptima, and the past mayor of the city of Seal Beach. His interests include surfing, kiteboarding, tennis and politics.